

## **Ashford Hospital Maternity Classes 2017–2018**

55 Anzac Highway, Ashford SA 5035 Phone 08 8375 5222 | Fax 08 8375 5854

ashfordhospital.org.au

	20	)17	2018											
	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
<b>Health During Pregnancy:</b> Saturday 9.00am - 12.30pm		9	20		3	14	26		7	18	29		10	8
Having and Caring for Your Baby: Option 1 - All day Saturday Saturday 9.00am - 4.00pm	11	2	6	10	10	7	5	9	14	11	8	13	3	1
	25	16	27	24	24	28	19	23	28	25	22	27	17	15
Having and Caring for Your Baby: Option 2 - 3 Evening Sessions 7.00pm - 9.30pm	6	4	8		5	3	14		2	6		2	5	3
	13	11	15	19		10	21		9	13	18	22		10
	20	18	22	26		17	28	25		20	25	29		17
Establishing Breastfeeding: Thursday 9.00am - 10.30am OR 11.00am - 12.30pm	9	7	4	1	1	12	10	7	5	2	13	11	8	6
	23	21	18	15	15	26	24	21	19	16	27	25	22	20
					29					30				
Dads Do Make a Difference: Thursday 7.00pm - 9.30pm	9	7	4	1	1	26	24	21	19	16	13	11	8	6
					29									
Parents & Babies Morning Tea: Wednesday 10.30am - 12.30pm (No Booking Required)	8	6	17	14	14	11	9	6	4	1	12	10	7	5
	22		31	28	28		23	20	18	15	26	24	21	
										29				
Newborn Support Drop-in Service: Friday 10.00am - 2.00pm	Every Friday 10.00am – 2.00pm (No Appointment Required)													
Newborn Support Service: Tuesday 8.30am - 3.30pm				Eve	ery Tuesc	lay 8.00a	am - 3.30	)pm (App	oointmer	ıt Require	d)			